

THE FACTS ABOUT PAD.
EACH YEAR THERE ARE MORE THAN

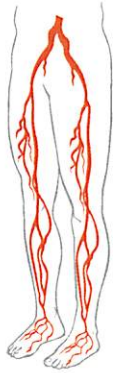
160,000 AMPUTATIONS PERFORMED

AS A RESULT OF PERIPHERAL ARTERIAL DISEASE¹
(COMMONLY CALLED PAD).

TAKE A
STAND[®]
AGAINST
AMPUTATION

COMMON SYMPTOMS OF PAD:

In advanced cases of PAD, called critical limb ischemia (CLI), the lack of blood flow can lead to wounds that won't heal and possibly amputation of the toe, foot or leg.



PLAQUE BUILDS UP ON THE INSIDE WALLS of the arteries that carry blood from the heart to the legs and arms.

THE ARTERIES HARDEN AND NARROW (a process called atherosclerosis) and blood flow to the legs and feet is significantly reduced.

THIS MAY ALSO INVOLVE HARDENED and narrowed arteries to the heart and brain, causing an increased risk of heart attack or stroke.

LEFT UNTREATED, PAD CAN LEAD TO AMPUTATION.

- THE AMPUTATION RATE AMONG PATIENTS WITH CLI, THE WORST FORM OF PAD IS ESTIMATED TO BE **~25%**³
- **95%** OF AMPUTATION PATIENTS EXPERIENCE CHRONIC PAIN⁴
- **MORE THAN 54%** OF PATIENTS WERE NOT ASSESSED VIA DIAGNOSTIC ANGIOGRAM TO DETERMINE IF BLOOD FLOW COULD BE RESTORED⁵
- **67%** OF MEDICARE PATIENTS WHO UNDERWENT A MAJOR AMPUTATION NEVER HAD A REVASCUARIZATION PROCEDURE ATTEMPTED TO SAVE THE LIMB⁶
- **60-80%** OF MEDICARE PATIENTS WHO UNDERGO AMPUTATION NEVER WALK AGAIN⁷
- **THERE IS A 30-50%** 2-YEAR MORTALITY RATE AFTER AMPUTATION⁸

YOU CAN START WITH LIFESTYLE CHANGES:²



- QUIT SMOKING
- MANAGE YOUR DIABETES
- EAT A HEALTHY DIET
- GET REGULAR EXERCISE



YOU MAY ALSO NEED MEDICATION TO HELP YOU:



- **LOWER** high cholesterol and/or high blood pressure
- **THIN** your blood to prevent clots from forming
- **IMPROVE** your walking ability and decrease pain in your legs

IF YOUR PAD WORSENS, YOUR DOCTOR MIGHT RECOMMEND:

ANGIOPLASTY - a minimally invasive procedure where a balloon is inflated inside a blocked artery to restore blood flow.

STENT - a tiny tube placed in the artery to keep it open.

ATHERECTOMY - a minimally invasive procedure using a medical device to help open blocked arteries.

BYPASS SURGERY - a surgical procedure that uses a blood vessel or synthetic tube to bypass blockages in the artery.

THE GOOD NEWS: THERE ARE MANY TREATMENT OPTIONS FOR PAD.

**SO DON'T WAIT. DISCUSS YOUR
SYMPTOMS WITH YOUR DOCTOR NOW.**

To learn more visit
www.StandAgainstAmputation.com

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3. Henry AJ, et al. Socioeconomic and hospital-related predictors of amputation for critical limb ischemia. J Vasc Surg. 2011;53:330-9.e1.
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5. Goodney PP, Travis LL, Nallamothu BK, et al. Variation in the Use of Lower Extremity Vascular Procedure for CLI. Circ Cardiovasc Qual Outcomes. 2012; 5:94-102.
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7. Dormandy JA, Rutherford RB. Management of peripheral arterial disease (PAD). TransAtlantic Inter-Society Consensus (TASC) Working Group. TASC document. J Vasc Surg. 2000; 31:S1-S296.
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RECOGNIZING SYMPTOMS,
UNDERSTANDING TREATMENT OPTIONS.

TAKE A
STAND[®]
AGAINST
AMPUTATION

HOW DO YOU KNOW IF IT'S PERIPHERAL ARTERIAL DISEASE? (COMMONLY CALLED PAD)

LEFT UNTREATED PAD CAN LEAD TO AMPUTATION. BUT MANY
PEOPLE DON'T EVEN RECOGNIZE THEY HAVE THE DISEASE!

They may think their leg pain and trouble walking are just signs of getting older. But the truth is they may have PAD, a serious condition where blood flow to the legs and feet is significantly reduced.

1 in 20
AMERICANS
OVER THE AGE
OF 50 HAS PAD!¹

1 in 3
PEOPLE WITH DIABETES
OVER THE AGE OF 50
IS LIKELY TO HAVE PAD!¹

Other risk factors: High cholesterol levels¹,
High blood pressure¹, Family history of PAD¹

Treatment for PAD depends on many factors, including your symptoms, health status, and the severity of blockage(s) in your arteries. The goal of treatment? **REDUCE PAIN, IMPROVE WALKING ABILITY, REDUCE THE RISK OF HEART ATTACK AND STROKE, AND SAVE LIMBS FROM AMPUTATION.**

TAKE A STAND: **TREAT PAD TODAY.**

If you do find out you have PAD, there are many things you and your doctor can do.

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DIABETES



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YOU MAY ALSO NEED MEDICATION TO HELP YOU:



- LOWER high cholesterol and/or high blood pressure
- THIN your blood to prevent clots from forming
- IMPROVE your walking ability and decrease pain in your legs

If you have symptoms or risk factors for PAD,
TALK TO YOUR DOCTOR.



KNOW THE
WARNING
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