

# Cardiac Catheterization / Cardiac Intervention Patient Instruction Sheet

Performed by: **Dr. Ziad Abbud, Dr. Beverly Demchuk,  
Dr. Laith Zamel & Dr. David Zagher**

**Our physicians perform these procedures at the following hospitals:**

**Jersey Shore University Medical Center- 732-775-5500  
1945 Corlies Avenue (Route 33)  
Neptune, NJ 07753**

**Riverview Medical Center- 732-741-2700  
1 Riverview Plaza  
Red Bank, NJ 07701**

**Bayshore Community Hospital- 732-739-5900  
727 N. Beers Street  
Holmdel, NJ 07733**

**Our surgical scheduler will discuss with you which location your procedure will be performed.**

**The hospital will contact you the night before your procedure to instruct you what time to arrive for your procedure.**

If you are not contacted by 7:30pm the night before your procedure, please call the hospital for which you are scheduled and ask for the Admitting Department. Someone is in the Admitting Department 24 hours and they will be able to advise you what time to report to the hospital.

## **Required Instructions:**

- **Do not eat or drink anything after midnight the day of your procedure.**
- **If you are on Diabetic Medications, do not take them the morning of your procedure.**
- **If you are on: Coumadin, Warfarin, Pradaxa, Xarelto, or Eliquis, please hold this medication for 3 days prior to your procedure.**
- **You will need a ride home from the Hospital.**
- **If a stent is placed, you will stay overnight.**

**Pre-Admission Testing is required for this procedure and must be completed at least 4 days prior to your procedure.**

**Our office will provide you with the necessary orders for:  
non-fasting Blood Work, EKG, and Chest X-Ray**

**Should you have any questions please call our office at 732 663-1123**