

# Tilt Table Test Patient Instruction Sheet

Tilt Table Tests are typically ordered to assist our physicians in a diagnosis when symptoms such as recurrent or unexplained syncope, lightheadedness, or dizziness occur.

**Your test will be performed by: Dr. Ziad Abbud, Dr. Beverly Demchuk, Dr. Sara Karam or Dr. Laith Zamel**

Please **arrive 30 minutes prior** to your scheduled test and report to:  
**Outpatient Registration** located in the Amdur Ambulatory Care Dept  
**Jersey Shore University Medical Center** 732-776-4300  
1945 Corlies Avenue (Route 33)  
Neptune, NJ 07753

## **Required Instructions:**

- Do not eat or drink anything after midnight the day of your procedure.
- If you are on Diabetic Medications, please hold your Diabetic Medications the morning of your procedure.
- You will need a **ride home** from the Hospital.

## **Bring:**

- Your prescription for the Tilt Table Test written by our office
- Your insurance card(s)
- Insurance referral if required by your insurance company
- Photo identification
- A list of your medications

Pre-admission testing is **not** required for Tilt Table Tests

Should you have any questions please call our office at 732 663-1123